

New for 2010

Newcastle College Amateur Boxing Club Wants you.....!!

Do you want to take up a **competitive sport?**

Do you want to get **super fit?**

Do you want to take part in a **sporting activity**
that will **focus your mind, steady your**
nerves and give you confidence?

GIVE BOXING A TRY!!

Training sessions will take place at
Rye Hill Sports Centre, Newcastle College
every Monday, Wednesday & Friday
5.30 to 6.45 (EX) and 6.45 to 7.45 (N)

EX = Experience Boxer / N= Novice Boxer

**For more information on price, contact
Sports Centre reception on 200 4129.
Sessions open to anyone 14 years plus**